



## University City Swim Club Locker Room Etiquette

### Purpose:

To maintain a safe, respectful, and clean environment for all swimmers, this locker room code of conduct outlines the expectations for behavior and responsibility.

### Locker Room Expectations:

1. **No Horseplay:** The locker room is not a play area. Avoid running, yelling, or engaging in roughhousing to ensure safety for everyone.
2. **Safety First:** Be mindful of your surroundings and actions to prevent accidents or harm to yourself or others.
3. **Respect Personal Belongings:** Keep your hands to yourself, and never touch or move another person's belongings without their permission.
4. **No Phone Usage:** Phones are strictly prohibited in the locker room. This includes taking pictures, recording videos, or using FaceTime. Privacy and respect are paramount.
5. **Clean Up After Yourself:** Dispose of trash, return personal items to your bag, and leave the locker room as tidy as you found it.
6. **Turn Off Fixtures:** After using showers or sinks, ensure they are turned off properly to conserve water and maintain order.

### Commitment:

By following these guidelines, swimmers contribute to a positive and respectful team culture. Coaches and staff will address violations as needed, which may include parental involvement or consequences based on the severity of the infraction.